



Bullying  
stops  
here!



**FURTHER INFORMATION**

145 Black Road  
Flagstaff Hill  
South Australia 5159

**School Telephone** 8270 1744

**School Fax** 8370 5748

**Email** [dl.1018\\_info@schools.sa.edu.au](mailto:dl.1018_info@schools.sa.edu.au)

**[www.flagstaff.sa.edu.au](http://www.flagstaff.sa.edu.au)**



FLAGSTAFF HILL

RECEPTION – YEAR 7 SCHOOL

**ANTI -BULLYING  
POLICY**



Government of South Australia

Department of Education and  
Children's Services



Our school vision statement challenges us to focus on “strong positive relationships” and values that include integrity, respect and care towards others. We all have a right to be respected and a responsibility to respect each other as we strive to develop a safe and supportive learning community at Flagstaff Hill R-7 School. Bullying and harassment are not acceptable in such an environment. Flagstaff Hill R-7 School is committed to preventing and eliminating bullying in all its forms. We do this by teaching students skills which foster respect for self and others.

## WHAT IS BULLYING?

Bullying is when a group or an individual uses their power to target or hurt another person repeatedly; this is bullying. It is defined by the effects on the victim, not the intent of the person’s actions.

## AS A STUDENT, WHAT CAN I DO TO STOP BULLYING?

- Be courageous. If you witness bullying, don’t join in. Take a stand by walking away or telling the person doing it to stop.
- Tell someone on staff that you trust if you feel it is on-going.
- Show care and respect for others in and outside the classroom. Make a special effort towards a student who seems lonely or who is having a hard time by inviting them into your friendship group.

## IF YOU ARE BEING BULLIED:

- Act confidently, even if you feel scared. Imagine any hurtful comments bouncing off you like water off a duck’s back.
- Take a deep breath. Remind yourself that the person who is bullying has the problem, not you.
- Tell the person/people that you don’t like what they are doing or what they are saying. Tell them to stop it. Look at them directly and say confidently: ‘Stop it’ or ‘Cut it out! That’s not OK’ or ‘I don’t like what you’re doing.’
- If the behaviour continues, tell your parents or teacher. It is your right to be safe and treated with respect.
- Avoid trying to get even. It often makes the problem worse.

## WHAT WILL HAPPEN IF YOU ARE BULLYING STUDENTS?

- You may be identified in the regular Bully Audit
- You will be counselled by your classroom teacher
- You will be given the opportunity to resolve the situation and discuss the issue with the person you bullied.
- Your parents will be contacted.
- If you are found to be bullying again a consequence will be applied. This may include:
  - In-school isolation (recess and lunchtime)
  - Letter home to parents/parent interview
  - Counselling program
  - Loss of privileges
  - Suspension

## AS A PARENT OR GUARDIAN, WHAT CAN I DO TO STOP BULLYING?

- If your child reports that they are being bullied, encourage them to talk freely. Take note of as many details as possible. Discuss ways of addressing the issue. Inform the school. At all stages of the process you will be consulted and informed about interventions taken to resolve the issue.
- Discourage any form of retaliation. Discuss positive strategies your child can use. Seek support and further strategies from other parents, friends and teachers.