

FLAGSTAFF HILL PRIMARY SCHOOL CANTEEN MENU TERM 4 - 2025

Our menu follows the Right Bite healthy eating strategy: **Green** for best choice, **Amber** for choose carefully.

<u>WRAPS AND SALADS</u> Chef salad (gf, v) \$ 5.00 Lettuce, tomato, cucumber, carrot, cheese Crispy chicken salad wrap \$ 5.50 Crispy chicken Lettuce, tomato, cucumber, mayo Chicken salad (gf) \$ 5.50 Chicken, lettuce, tomato, cucumber, carrot, cheese Picnic Pack \$ 5.50 with spring onion dip, carrot, cucumber, Cherry Tomatoes, cheese, turkey, Crackers & pita bread Chicken Caesar salad \$ 5.50 Seared chicken, lettuce, ham, cheese and dressing	<u>HOT FOOD</u> <u>PIZZAS</u> Margherita (tomato and cheese) \$ 4.00 Ham and pineapple \$ 4.50 BBQ chicken \$ 4.50 <u>BURGERS</u> (all gf available) Chicken burger: \$ 5.50 chicken breast, lettuce, tomato, mayo, cucumber. Cheeseburger: \$ 5.50 homemade beef patty with cheese, tomato, lettuce and tomato sauce Chicken nugget roll with sauce \$ 4.50 Chicken nugget roll with lettuce and mayo \$ 4.50 Hash brown burger with lettuce, mayo, tomato, Cucumber \$ 5.50	<u>HOT FOOD</u> Vegetarian Chili with corn chips (v, gf, df) \$ 5.00 Nachos (v) \$ 5.00 Butter chicken with rice (gf, df) \$ 5.50 Balfours meat pie \$ 4.70 Balfours sausage roll \$ 4.00 Hot dog, plain, sauce or mustard \$ 4.00 ½ hotdog, plain, sauce or mustard \$ 2.00 Chicken noodle cup \$ 4.00 Chicken Nuggets (each) \$ 0.80 <u>PASTA</u> (all gf available) Napolitana (v) \$ 4.00 Cheese (v) \$ 4.50 <u>Meal deal</u> Nugget roll \$7.00 Hot dog \$6.50 Nacho \$7.50 Toastie \$5.00
<u>SANDWICHES AND ROLLS</u> Rolls: add \$ 0,50. Buttered Salad: \$ 1.50 tomato, lettuce, cucumber, carrot \$ 4.00 Chicken Vegemite \$ 4.00 Cheese \$ 2.00 Ham \$ 2.50 Toasted cheese \$ 3.50 Toasted ham and cheese \$ 2.50 Toasted cheese vegemite \$ 4.00 \$ 3.00	<u>SMOOTHIES</u> Monday: Raspberry smoothie \$ 2.00 Tuesday: Mango smoothie \$ 2.00 Wednesday: Blueberry smoothie \$ 2.00 Thursday: Mixed berry smoothie \$ 2.00 Friday: Strawberry smoothie \$ 2.00	<u>DRINKS</u> Water Oak \$ 2.00 chocolate or strawberry 250 ml \$ 3.00 Juicee crush 250 ml \$ 2.00 apple, orange, apple & blackcurrant, tropical Glee sparkling 99% fruit juice \$ 2.60 tropical treat, bubblegum grape, blackcurrant and raspberry
<u>SNACKS</u> Popcorn, salted \$ 1.90 Fruit nuggets \$ 1.00 Parkers Pretzels \$1.50 Healtheries Potato Stix \$1.50 Healtheries Burger Rice Wheels (GF) \$1.50	<u>BAKED GOODS</u> Banana bread \$ 1.20 Funfetti cookies \$ 1.00 Garlic bread \$ 1.50 Banana, Strawberry & Choc Bliss balls \$ 0.50 Cinnamon Muffin \$1.50 <u>Birthday pack</u> \$10.00	<u>ICY TREATS</u> Calippo mini \$ 1.30 Moosies \$ 1.60 Slushie \$ 2.60 Zooper Dooper No sugar \$ 0.80 Everest cup: strawberries, vanilla, chocolate \$ 1.60 Paddle pop: rainbow, banana \$2.00
Extra mayo and tomato sauce \$ 0.50 each	(gf) gluten free (gfo) gluten free option (v) vegetarian (df) dairy free (ve) vegan	Meal deal: meal, drink and snack