# EXCURSION/SPECIAL ACTIVITY/EXTRA-CURRICULAR ACTIVITIES POLICY

Under the Education and Care Services National Regulations the approved provider must ensure policies and procedures are in place for managing excursions (Reg. 168) and take reasonable steps to ensure policies and procedures are followed.

Excursions/incursions/extra-curricular activities enhance children's learning by providing them the opportunity to participate in curriculum planned activities and experiences to extend on their skills and knowledge in the current interest topic. Our OSHC Service recognises that excursions provide opportunities for children to explore the wider community as a group and extend on the educational program provided.

# NATIONAL QUALITY STANDARD (NQS)

| QUALITY AREA 4: STAFFING ARRANGEMENTS |                                   |   |  |  |  |
|---------------------------------------|-----------------------------------|---|--|--|--|
| 2.2                                   | Safety                            | At all times, reasonable precautions and adequate supervision ensure children are protected from harm and hazard.                         |  |  |  |
| 2.2.1                                 | Supervision                       | Plans to effectively manage incidents and emergencies are developed in consultation with relevant authorities, practiced and implemented. |  |  |  |
| 2.2.2                                 | Incident and emergency management | At all times, reasonable precautions and adequate supervision ensure children are protected from harm and hazard.                         |  |  |  |

| EDUCATION AND CARE SERVICES NATIONAL LAW AND REGULATIONS |  |  |  |  |  |
|--|--|--|--|--|--|
| Sec. 51(4A)  | Conditions of service approval- ensure number of children educated and cared for by the service at any one time does not exceed the maximum number of children specified in the service approval |  |  |  |  |
| Sec.165  | Offence to inadequately supervise children   |  |  |  |  |
| Sec.167  | Offence relating to protection of children from harm and hazards   |  |  |  |  |
| 4 (1)  | Definition regular outing  |  |  |  |  |
| 89   | First Aid Kits   |  |  |  |  |
| 90   | Medical conditions policy  |  |  |  |  |
| 97   | Emergency and evacuation procedures  |  |  |  |  |
| 98   | Telephone or other communication equipment   |  |  |  |  |
| 99   | Children leaving the education and care service premises   |  |  |  |  |
| 100  | Risk assessment must be conducted before excursion   |  |  |  |  |
| 101  | Conduct of risk assessment for excursion   |  |  |  |  |
| 102  | Authorisation for excursion  |  |  |  |  |
| 102B   | Transport risk assessment must be conducted before service transports child  |  |  |  |  |



| 102C | Conduct of risk assessment for transporting of children by the education and care service |
|------|---|
| 102D | Authorisation for service to transport children   |
| 123  | Educator to child ratios-centre-based services  |
| 136  | First Aid qualifications  |
| 149  | Volunteers and students   |
| 151  | Record of educators working directly with children  |
| 158  | Children's attendance record to be kept by approved provider                              |
| 160  | Child enrolment records to be kept by approved provider and family day care educator      |
| 161  | Authorisations to be kept in enrolment record   |
| 168  | Policies and procedures are required  |
| 170  | Policies and procedures to be followed  |

# **PURPOSE**

To ensure that all excursions and incursions undertaken by the Outside School Hours Care Service are planned and conducted in a safe manner, maintaining children's health, safety and wellbeing at all times in accordance with Education and Care National Regulations. We believe excursions/incursions provide the children with the opportunity to expand and enhance their skills and knowledge gaining insight into their local and the wider community.

# **SCOPE**

This policy applies to children, families, educators, staff, management, approved provider, nominated supervisor, students, volunteers and visitors of the OSHC Service.

# **IMPLEMENTATION**

Excursions and incursions will be conducted with the children's safety and wellbeing in mind at all times. We will regularly schedule incursions and visitors to our OSHC Service however, if we feel an excursion will benefit the children and offer a valuable experience, we will adhere to the National Regulations and Service policies and procedures to plan and manage an experience that is enjoyable for children. This policy relates to excursions that may be a 'regular outing' or a one-off excursion for a particular purpose and incursions, where visiting performers, groups or community services may visit our OSHC Service.

Children who are enrolled in our OSHC Service may participate in extra-curricular activities that are organised separately from our OSHC. Our OSHC will support children to participate in extra-curricular activities located within school grounds.

# **DEFINITIONS**

Excursion: means an outing organised by an education and care service or family day care educator but does not include an outing organsied by an education and care service provided on a school site if-(a) a child or children leave the education and care service premises in the company of an educator and (b) the child or children do not leave the school site.



Extra-Curricular Activities: means an activity organised separately from the OSHC Service that children may attend during OSHC operating hours. Examples include music lessons, dance class, choir lessons.

Regular outing: in relation to an education and care service, means a walk, drive or trip to and from a destination

- (a) that the service visits regularly as part of its educational program; and
- (b) where the circumstances relevant to the risk assessment are *substantially* the same on each.

Incursion: means an activity organised by our Service, whereby an outside body is employed or engaged to visit the service to run an educational program and to promote culture and diversity. This could include a visit from the Rural Fire Service, an Aboriginal Cultural awareness group, science or reptile show or a musical or drama performance.

# CONSIDERATIONS FOR EXCURSIONS AND INCURSIONS

The purpose of the excursion should be clearly identified by staff providing information on how the excursion or incursion supports the educational program and contributes to the outcomes for children. Excursions/incursions should be planned in advance and consideration given to the:

- time away from the OSHC service
- availability of toilet and washing facilities
- access to safe drinking water
- adequate health and hygiene practices
- possible risk to children (identified in risk assessment)
- accessibility for all children
- transportation
- cost
- weather- wet weather arrangements
- teaching children safety procedures and responsibilities whilst on an excursion
- communication with parents and families
- Risk Assessment documentation provided by the excursion venue
- safety and wellbeing of children whilst at the OSHC service whilst participating in an incursion (identified in risk assessment)

# **EXCURSION/INCURSION RISK ASSESSMENT**

The approved provider or nominated supervisor must conduct a risk assessment which reflects regulation 101 before an authorisation is scheduled under regulation 102 to determine the safety and appropriateness of the excursion/incursion. If the excursion involves transporting children, the risk assessment must adhere to all components of 101, 102, 102B, 102C (effective March 2023)

# THE APPROVED PROVIDER/NOMINATED SUPERVISOR/MANAGEMENT WILL ENSURE:

- obligations under the Education and Care Services National Law and National Regulations are met
- · educators, staff, students, visitors and volunteers have knowledge of and adhere to this policy and procedure
- an Excursion/Incursion Risk Assessment is developed prior to any excursion or incursion [see: Excursion Risk Management Plan, Regular Outing Risk Management Plan, Incursion Risk Management Plan]
- a responsible person is appointed to oversee the organisation of the excursion/incursion



- families are notified about the excursion and written authorisation must be provided by a parent or other person named in the child's enrolment record
- families are notified about any incursion and if permission is required for participation, consent must to provided by a parent or other person named in the child's enrolment record
- families have a right to view the risk assessment prior to the excursion/incursion upon request in which the Service must comply with ensuring all information is available
- the risk assessment must
  - o identify and assess possible risks that the excursion/incursion may pose to the health, safety and wellbeing of any child being taken on the excursion or participating in the incursion
  - o specify how the identified risks will be managed and minimised
  - o ensure Working with Children Checks are conducted for all adults visiting the service on incursions
  - o ensure the visiting group/performance is covered by insurance
  - o consider the proposed route and destination for the excursion and
  - o identify any water hazards
  - o reflect on any risks associated with water-based activities
  - o consider the transport to and from the proposed destination for the excursion
  - o consider the duration of the transportation
  - o consider any requirements for seatbelts or safety restraints under a law for our state jurisdiction
  - o the process for entering and exiting the education and care service premises and the pick-up location or destination (as required)
  - o procedures for embarking and disembarking the means of transport, including how each child is to be accounted for on embarking and disembarking
  - o consider the ratio of adults to children involved in the excursion
  - o consider the risks posed by the excursion/incursion, the number of educators or other responsible adults required to provide supervision, and whether any adults with specialised skills are required to ensure children's safety (e.g.: lifesaving skills)
  - o consider the planned activities
  - o determine the duration of the excursion
  - o consider items that should be taken on the excursion (mobile phone, emergency contacts, first aid kit, medical plans, etc.).
  - o consider strategies to ensure supervision is consistent at all times during the excursiontransitions, toileting, departure from the service and conclusion of the excursion

If the excursion is a regular excursion or 'regular outing' a risk assessment authorisation is only required to be carried out once in a 12-month period however must be regularly reviewed. If circumstances around the excursion change, a new risk assessment is required.

# PARENT/GUARDIAN AUTHORISATION

The approved provider/nominated supervisor must ensure:

- that a child is not taken outside the OSHC Service premises on an excursion unless written authorisation has been provided
- the authorisation must be given by a parent or other authorised person named in the child's enrolment record as having authority to authorise transportation of a child
- the authorisation form must state:
  - o the child's name



- o the reason the child is to be taken outside the premises/transported
- o if the authorisation is for a regular outing, a description of when the child is to be taken on the regular outing
- o the date the child is to be taken on the excursion and transported (unless the authorisation is for a regular outing)
- o the method of transport to be used for the excursion
- the proposed activities to be undertaken by the child during the excursion
- o the period the child will be away from the premises
- o the anticipated number of children likely to be attending the excursion
- o the anticipated educator to child ratio attending the excursion to the anticipated number of children attending the excursion
- o the anticipated number of staff members and any other adults who will accompany and supervise the children on the excursion
- o that a risk assessment has been prepared and is available at the Service
- that written policies and procedures for transporting children are available at the Service
- if the excursion is a regular outing, the authorisation is only required to be obtained once in a 12month period
- parental authorisation may be required for incursions if identified in the risk assessment or if a cost is
- authorisations must be kept securely in the child's enrolment records.

# STAFFING ARRANGEMENTS

The approved provider/nominated supervisor will ensure that:

- adequate supervision is provided for children and the educator to child ratio for school age care is always maintained as per National Regulations
- consider:
  - o the number, age and ability of children
  - o the number and physical positioning of educators
  - o each child's current activity
  - o risks related to the mode of transport (for example: walking)
  - o visibility and accessibility
  - o the experience and skill of each educator
- additional educators/staff are engaged to provide care and support to children with additional needs
- educators are aware of their responsibility to provide supervision to other responsible adults or volunteers assisting on the excursion
- educators are aware the procedures to follow in the event of an emergency
- at least one educator or the nominated supervisor must hold current ACECQA approved first aid qualification, CPR qualification, approved emergency asthma management and approved anaphylaxis management training

# PARENT AND VOLUNTEER PARTICIPATION

The approved Provider/nominated supervisor will ensure parents and volunteers:

are encouraged/invited to participate in excursions when possible



- cannot be counted as part of the educator to child ratio
- cannot be left alone with a child/children and must be supervised by an educator at all times
- are briefed prior to participating on an excursion about the risk assessment, emergency
  procedures, supervision, photograph policy for privacy and confidentiality and use of mobile
  phone
- are aware that smoking is not permitted
- are aware of need to wear appropriate clothing and footwear
- Working with Children Checks/Clearances are verified for parent and volunteers prior to participating in excursions

# ITEMS TO BE TAKEN ON AN EXCURSION

The approved provider/nominated supervisor must ensure that the following items are taken on all excursions, as per the risk assessment:

- appropriate number of suitably equipped first aid kits
- fully charged and operating mobile phone
- emergency contact information details for all children participating on the excursion
- medication for children requiring medical and relevant medical management plans
- items required for excursion circumstances- such as sunscreen, hats, other equipment
- child attendance record

# TRANSPORTATION FOR EXCURSION

Excursions involving transportation must adhere to the *Safe Transportation Policy* including ensuring a risk assessment has been completed prior to children being transported by the service and authorisation for the service to transport children as part of the excursion. It is a requirement of the National Regulation that the means of transport is stated on the risk assessment record and parent authorisation record. Information must be included in the risk assessment about the process for embarking and disembarking the means of transport, including how each child is to be accounted for.

The *means of transport* may mean:

#### Walking

Educators must ensure children and adults use the safest footpaths and safe crossings where possible, such as pedestrian crossings and traffic lights

Educators will ensure all children and adults obey road rules

Educators will ensure children follow the 'stop, look, listen and think' process when walking near roads

Educators will remain vigilant that no child runs ahead or lags behind the group

#### Bus

the Nominated Supervisor must ensure that the seating capacity as displayed on the compliance registration is not exceeded. All children must sit on seats, preferably with, or close to an adult. Any requirements for seat belts or safety restraints under law must be followed depending on the vehicle used. If the bus has seat belts, they must be worn at all times.

o Train



the Nominated Supervisor will be required to contact the local station prior to the excursion to inform them of the time you will be travelling, the destination, and the number of children and adults who will be travelling.

Provisions should be made to ensure children have ample time to board the train safely and in an unhurried way. This will allow the station to inform the train guard so that they can hold the train for the period of time for safe boarding and disembarkment. All children should be seated at all times, with an adult close by. All children should be seated in the one carriage if possible- and not in a Quiet Carriage.

#### o Car

Any motor vehicle that is used to transport children on an excursion (other than a motor vehicle seating more than nine persons) must be fitted with child restraints and/or seatbelts that are appropriate for the age and weight of each child, that conform to the Australian Standards, and are professionally installed or checked by an authorised restraint fitter.

The vehicle must be registered and free of any defects that could put any passenger at harm. All children must be fastened in the vehicle according to National Child Restraint Laws for Vehicles (below). The educator or staff member driving the vehicle must hold a current Australian driver's licence appropriate for the vehicle type.

The process for entering and exiting the Service premises safely must be considered at all times.

# NATIONAL CHILD RESTRAINT LAWS FOR VEHICLES

- children aged from four years old but under seven years old cannot travel in the front seat of a vehicle with two or more rows, unless all other back seats are occupied by children younger than seven years in an approved child restraint or booster seat
- children aged from seven years old but under 16 years old who are too small to be restrained by a seatbelt properly adjusted and fastened are strongly recommended to use an approved booster seat
- children in booster seats must be restrained by a suitable lap and sash type approved seatbelt that is properly adjusted and fastened, or by a suitable approved child safety harness that is properly adjusted and fastened.

Source: NSW Government Centre for Road Safety, 2017.

# **EXTRA-CURRICULAR ACTIVITIES**

Our OSHC Service will support children to participate in extra-curricular activities that may be organised within school grounds during OSHC operating hours. Communication between families and the school or the extra-curricular activity organisation (e.g., third party music teacher/provider) is paramount to the support provided to children to participate in the activity, Families are to make arrangements between the extra-curricular organisation/coordinator regarding attendance for their child. Examples of extracurricular activities include team sports, sports practices, 100 club etc. Families are required to complete the Extra-Curricular/Safe Travel Authorisation Form and are responsible for informing the OSHC Service of any changes to attendance at extra-curricular activities.

Children attending extra-curricular activities will be signed out of the attendance record by OSHC educators and signed back into the OSHC Service upon return.



Children will not be able to participate in extra-curricular activities unless prior written authorisation for the child to leave the OSHC Service has been obtained by the family. Authorisation for regular extracurricular activities will be obtained each term.

# **INSURANCE**

Management must review their insurance policy prior to the excursion/incursion to ensure liability is protected by the OSHC Service. A copy of the insurance policy should be kept within the service's vehicle at all times.

# CHECKING FOR CHILDREN'S SAFETY

Educators will ensure:

- children's attendance records are taken on excursions
- all children are accounted for when embarking/disembarking the car/vehicle or bus
- a thorough check is made of the vehicle to ensure no child is left in the vehicle (a second person should repeat this check for safety)
- the vehicle is parked to avoid other vehicles, driveways or car parks
- the vehicle is parked as close as possible to the OSHC premises or visiting venue
- children only disembark the vehicle when it is safe to do so
- head counts are conducted at least every 30 minutes whilst on the excursion
- bathrooms and toilets are checked for any potential hazard before children enter, and children are escorted to the bathrooms and supervised

# CHILD BECOMES ILL WHILST ON EXCURSION- EDUCATORS WILL:

- assess the child's illness and follow the Incident, Injury, Trauma and Illness procedure
- keep the child calm and comfortable
- if a child has an individual Medical Management Plan for their symptoms displayed, follow the directions and administer medication if applicable and notify parents/guardians
- use the supplies in the excursions first aid kit to assist in applying first aid to child
- seek medical assistance, including ambulance transport, medication if required (as per child's excursion authorisation form)
- contact the child's parents/guardian as soon as possible, no later than 24 hours after the incident
- contact the nominated supervisor at the Service for further direction if required
- ensure ratios are maintained for supervision
- complete an Incident, Injury, Trauma and Illness Record
- notify the Regulatory Authority of any serious incident of a child while being educated and cared for at the service within 24 hours

# LOST CHILD DURING AN EXCURSION/ EXTRA-CURRICULAR ACTIVITY

In the event of a child being unaccounted for during an excursion or following an extra-curricular activity, educators will immediately:

- inform another educator and provide supervision for groups
- conduct a head count
- ask children/parent helpers/other educators if they have seen the missing child
- check with the extra-curricular activity coordinator if they aware of the missing child's location
- search the premises



- check organised meeting points (use mobile phone to contact other educators)
- alert the venue management and request that an announcement is made
- if the child is still unaccounted for after checking as above, the nominated supervisor or excursion responsible person will contact the Police on 000 and report the incident
- the nominated supervisor will contact parents/guardian
- educators will reassure other children and provide supervision
- the approved provider must make a notification to the regulatory authority within 24 hours of a serious incident

# CONTINUOUS IMPROVEMENT/REFLECTION

Our Excursion/Incursion/Extra Curricular Activities Policy will be reviewed on a regular basis in consultation with children, families, staff, educators and management.

# **SOURCES**

Australian Children's Education & Care Quality Authority. (2014).

Australian Children's Education & Care Quality Authority. (2023). Guide to the National Quality Framework.

Australian Children's Education & Care Quality Authority (ACECQA). 2021. Policy and Procedure Guidelines. Excursion Guidelines.

Australian Government Department of Education. (2022). My Time, Our Place- Framework for School Age Care in Australia.V2.0

Education and Care Services National Law Act 2010. (Amended 2023).

Education and Care Services National Regulations. (Amended 2023)

Kidsafe Victoria Road Safety https://www.kidsafevic.com.au/road-safety/

Kids and Traffic Early Childhood Road Safety Education Program (NSW) Transporting Children Safety

NSW Government Centre for Road Safety. (2024):

https://roadsafety.transport.nsw.gov.au/stayingsafe/children/childcarseats/index.html

Road Transport (Safety & Traffic Management) Act 1999.

Victoria State Government Education and Training Early Childhood Professionals

Western Australian Education and Care Services National Regulations

# **REVIEW**

| POLICY REVIEWED BY       | CATHY MORALLEE  | NOMINATED SUPERV            | JULY 2024        |  |
|--------------------------|---|-----------------------------|------------------|--|
| POLICY REVIEWED MAY 2024 |   | NEXT REVIEW DATE            | MAY 2025         |  |
| VERSION NUMBER           | V10.05.24   |                             |                  |  |
| MODIFICATIONS            | <ul> <li>annual policy maintenance</li> <li>additional section added re: Child becomes ill whilst on an excursion</li> <li>WA specific law added</li> <li>sources checked for currency and updated as required</li> </ul> |                             |                  |  |
| POLICY REVIEWED          | POLICY REVIEWED PREVIOUS MO   |                             | NEXT REVIEW DATE |  |
| MAY 2023                 | additional information     Curricular Activities  | ation added for Extra<br>es | MAY 2024         |  |



|               | <ul> <li>continuous improvement/reflection section added</li> <li>Information added regarding new regulations related to safe transportation</li> <li>additional resources section added</li> <li>link to MTOP (V2.0) added to sources</li> </ul>   |          |
|---------------|---|----------|
| MAY 2022      | <ul> <li>policy maintenance - no major changes to policy</li> <li>minor formatting edits within text</li> </ul>   | MAY 2023 |
| OCTOBER 2021  | <ul> <li>Policy reviewed and included suggested guidelines from ACECQA Excursions Policy Guidelines (June 2021)</li> <li>Additional legislative requirements added</li> </ul>   | MAY 2022 |
| MAY 2021      | <ul> <li>Policy reviewed for currency</li> <li>additional information related to incursions</li> <li>additional inclusion for checking for children's safety</li> <li>lost child procedure added</li> <li>ensuring adequate supervision added</li> <li>links checked and additional resource added</li> </ul> | MAY 2022 |
| AUGUST 2020   | <ul> <li>amendments to policy to reflect new regulations for risk assessments for excursions and written authorisations for parents (effective 1 October 2020)</li> <li>new definition added for 'regular outing'</li> </ul>  | MAY 2021 |
| MAY 2020      | additional regulations added additional sections added: considerations/staffing arrangements /items to take on an excursion/parent and volunteer information /walking sources edited and checked for currency minor editing and formatting  | MAY 2021 |
| MAY 2019      | Terminology changed to be specific to FDC services. Section added and referenced: National Child Restraint Laws for Vehicles Sources/references corrected, updated, and alphabetised. 'Related policies' alphabetised.  | MAY 2020 |
| MAY 2018      | Minor grammatical changes made to content. (Not critical to its delivery)   | MAY 2019 |
| DECEMBER 2017 | Updated the references to comply with the revised National Quality Standard   | MAY 2018 |

