

FLAGSTAFF HILL PRIMARY SCHOOL CANTEEN MENU TERM 3 - 2026

Our menu follows the Right Bite healthy eating strategy: **Green** for best choice, **Amber** for choose carefully.

<u>WRAPS AND SALADS</u> Chef salad (gf, v) \$ 5.00 Lettuce, tomato, cucumber, carrot, cheese Crispy chicken salad wrap \$ 6.00 Crispy chicken Lettuce, tomato, cucumber, mayo Chicken salad (gf) \$ 5.50 Chicken, lettuce, tomato, cucumber, carrot, cheese Picnic Pack \$ 6.00 with spring onion dip, carrot, cucumber, Cherry Tomatoes, cheese, turkey, Crackers & pita bread	<u>HOT FOOD</u> <u>PIZZAS</u> Margherita (tomato and cheese) \$ 4.00 Ham and pineapple \$ 4.50 BBQ chicken \$ 4.50 Cheese pizza \$ 4.00 <u>BURGERS</u> (all gf available) Chicken burger: \$ 5.50 chicken breast, lettuce, tomato, mayo, cucumber. Cheeseburger: \$ 5.50 homemade beef patty with cheese, tomato, lettuce and tomato sauce Chicken nugget roll with sauce \$ 5.00 Chicken nugget roll with lettuce and mayo \$ 5.00 Hash brown burger with lettuce, mayo, tomato, Cucumber \$ 5.50	<u>HOT FOOD</u> Vegetarian Chili with corn chips (v, gf, df) \$ 5.00 Nachos (v) \$ 5.00 Butter chicken with rice (gf, df) \$ 5.50 Balfours meat pie \$ 4.70 Balfours sausage roll \$ 4.00 Hot dog, plain, sauce or mustard \$ 4.00 ½ hotdog, plain, sauce or mustard \$ 2.00 Chicken noodle cup \$ 4.00 Chicken Nuggets (each) \$ 0.80 <u>PASTA</u> (all gf available) Napolitana (v) \$ 4.00 Cheese (v) \$ 4.50 <u>Meal deal</u> Nugget roll \$7.50 Hot dog \$6.50 Nacho \$7.50 Toastie \$5.00
<u>SANDWICHES AND ROLLS</u> Rolls: add \$ 0,50. Buttered Chicken \$ 1.50 Chicken \$ 4.00 Vegemite \$ 2.00 Cheese \$ 2.50 Ham \$ 3.50 Toasted cheese \$ 2.50 Toasted ham and cheese \$ 4.00 Toasted cheese vegemite \$ 3.00	<u>SMOOTHIES</u> Wednesday: Mango smoothie \$ 2.00 Friday: Strawberry smoothie \$ 2.00	<u>DRINKS</u> Water \$ 2.00 Oak \$ 3.00 chocolate or strawberry 250 ml Juicee crush 250 ml \$ 2.00 apple, orange, apple & blackcurrant, tropical Glee sparkling 99% fruit juice \$ 2.60 tropical treat, bubblegum grape, blackcurrant and raspberry Hot chocolate \$2.50
<u>SNACKS</u> Popcorn, salted \$ 1.50 Fruit nuggets \$ 1.00 Parkers Pretzels \$ 2.00 Healtheries Potato Stix \$ 1.50 Healtheries Burger Rice Wheels (GF) \$ 1.50 Yoghurt \$ 2.00 With sultana bran \$ 3.50	<u>BAKED GOODS</u> Banana bread \$ 1.20 Funfetti cookies \$ 1.00 Garlic bread \$ 1.50 Banana, Strawberry & Choc Bliss balls \$ 0.50 Cinnamon Muffin \$1.50 <u>Birthday pack</u> \$10.00	<u>ICY TREATS</u> Calippo mini \$ 2.10 Moosies \$ 1.85 Slushie \$ 2.60 Zooper Dooper No sugar \$ 0.80 Everest cup: strawberries, vanilla, chocolate \$ 2.00 Paddle pop: rainbow, banana \$3.50
Extra mayo and tomato sauce \$ 0.50 each	(gf) gluten free (gfo) gluten free option (v) vegetarian (df) dairy free (ve) vegan	Meal deal: meal, drink and snack